



Growing Into Our Call: A Time of Reflection and Renewal

Facilitated retreat for BeFriender groups

There are three options for the “Growing Into Our Call” retreat.

- ♦ **Personal retreat: 2 hours**
The personal retreat provides BeFrienders and program leaders an opportunity to reflect on their personal ministry, name what they have learned from it, and determine what continues to inspire them and help them grow. Participants renew their call to ministry and experience community prayer.
- ♦ **Program retreat: 4 hours**
In the 4-hour retreat, participants experience the personal retreat. In addition, they reflect on questions about the BeFriender Ministry program in their church. The questions examine the benefits, strengths, and challenges of the program, and the group creates action steps for the future.
- ♦ **Community retreat: 7 hours**
For this retreat, a group of churches in a neighborhood, city, or region can join together to build community and network with other BeFriender groups. In addition to all of the elements of the personal and program retreats, participants in the 7-hour version also have the opportunity to vision how BeFriender Ministry can continue to be vital and strong in a particular geographic area.

The retreat is held at the location of your choice and is facilitated by a member of the staff of the national office. These are some of the comments of people who have previously attended these retreats:

- ♦ “This was the best day of reflection I have ever been to”
- ♦ “I’m glad I came”
- ♦ “Great Day”
- ♦ “Very helpful and inspiring”

If you would like to learn more about the retreat and the costs, call Barb Schwery, 952-767-0246 (1-866-468-8708).

Time for a retreat?

How do you know if it’s the right time for a retreat for your BeFriender group?

Check this BeFriender “alphabet.” Could your group use an infusion of any of the following? If so, the time could be right!

- A**rdor?
- B**uoyancy?
- C**alm?
- D**rive?
- E**ffectiveness?
- F**ire?
- G**et-up-and-go?
- H**eat?
- I**ntensity?
- J**uice?
- K**eeness?
- L**iveliness?
- M**ight?
- N**ourishment?
- O**penness?
- P**urpose?
- Q**uietude?
- R**esoluteness?
- S**pirit?
- T**enacity?
- U**nderstanding?
- V**im?
- W**onder?
- e**X**uberance ?
- Y**es-ness?
- Z**est?