



THE BEFRIENDER

NEWSLETTER OF THE BEFRIENDER MINISTRY NATIONAL OFFICE

THE SAINT PAUL SEMINARY SCHOOL OF DIVINITY OF THE UNIVERSITY OF ST. THOMAS

Communication styles and listening

Many things influence how well people listen. The abilities to block out distractions, read non-verbal cues, reflect others' emotions, and feel empathy are among the factors in the quality of listening. Each person also has a particular style of communication that affects listening. Becoming aware of differences in preferred communication styles can strengthen active listening skills.

Communication style can be examined in four different areas:

- Taking in information
- Analyzing information
- Processing thoughts
- Making decisions

Taking in information

Do you take in information in a big picture, non-linear way? If so, you have a preference for intuition. Intuitive persons see new information in light of how it will impact the future. They look for patterns or themes in the information. "Gut" feelings inform them, and their reality is in the world of possibilities.

Do you take in information in a detailed, linear way? You have a preference for sensing. New information is sorted by sensing persons based on how it compares to past experiences. They sort information in a step-by-step way. The five senses inform them, and their reality is based on what they can taste, touch, hear, see, and smell.

Analyzing information

Do you analyze information based on logic? Your preference is for thinking. Those with a thinking preference establish criteria and weigh the pros and cons of what they're analyzing. They seek order and reason. Reality is assessed through a "true and false" lens.

Do you base analysis on your personal values? You have a preference for harmonizing. The impact on the well-being of others is the overriding factor in harmonizers' analysis. They see the inherent value of each person's contribution to a situation. Reality is assessed through a "good and bad" lens.

Processing thoughts

Do you tend to think out loud and process your thoughts with other people? Those are indicators of an expressive person. Expressive people get their energy from the outside world. Clarity is achieved through interaction.

Do you process thoughts internally and privately? Those are preferences of an introspective person. The energy of introspective people comes from their inner world. Stillness is needed to achieve clarity.

Making decisions

Do you prefer to reach closure as soon as possible and have a clear plan in place? Your preference is for conclusiveness. Conclusive persons are self-disciplined and plan ahead. They are time- and deadline-oriented and dislike surprises.

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OUR MISSION

BeFriender Ministry educates, forms and supports women and men as leaders for a listening ministry of care. Based on a model of mutuality, this national and ecumenical ministry heals hearts, energizes communities and transforms a suffering world.

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A word to you

From Susan Niemi, Director
of BeFriender Ministry

Greetings to you at the beginning of this new year. It's been six months since we introduced our revised "Foundations for BeFriender Ministry" training and curriculum resources. It has been wonderful to receive your feedback about what is happening in your local programs—especially how your BeFriender groups are being energized. (Thanks again for telling us what you needed at the beginning of the revision.)

Here is what some program leaders have said about the "Making Meaning" video and small group process to learn from ministry:

- The video addresses the very thing people had difficulty with [in the previous reflection model].
- The changes in the reflection process are awesome. I also appreciate that there is accountability for growth.
- You made a great program even better.

BeFrienders commented that the process was "more natural," "easier," that there was "more learning," and the process "brings the group closer."

Participants in the revised 4-day training also have been enthusiastic:

- There was more to this workshop than I expected. It was a rich experience and everything seemed "just right."
- A large volume of information was packed into 4 days—your pacing was excellent.
- The leaders were exceptionally competent, thorough, responsive, articulate, organized, and in a word: Great!

Many of you have asked us to provide continuing education for BeFrienders. Beginning in February we will introduce five topics you can use for 90- to 120-minute continuing education sessions. See page 6 in this newsletter for introductory information, and check our website in February for details. ■

Communication styles and listening, continued

Do you like plans to stay open-ended in case new information becomes available? Those are preferences of an adaptive person. Adaptive persons thrive on spontaneity. They may ignore or even work against limits and often experience last-minute spurts of energy when confronted with deadlines.

Awareness of preferred styles

The preferences in each of the four areas are just that—preferences. No preference is right or wrong. Each has a place in communication. They are not indicators of skill or flexibility. For example, people who are introspective often are in situations that call for an expressive style, and they are able to make the switch easily. Since that is not their preferred style, however, it might take more energy and concentration.

Awareness of one's own preferences helps raise awareness of other peoples' styles and helps understand others' perspectives. In a BeFriender relationship, the BeFriender may choose to ask questions or make observations differently by tuning in to the communication style of the person befriended.

Tuning in

In each of the four areas, there are many ways that understanding style can support a meaningful dialogue. The following are some examples.

Intuitive or sensing. If the person you are befriending seems to be intuitive, use metaphors when reflecting back to the person. If the person is sensing, ask questions that encourage him or her to describe their situation in terms of the five senses.

Thinking or harmonizing. In befriending, as in any relationship, it is important to affirm the other person. Thinkers value competence, so acknowledge things they have done skillfully and ask how they will utilize those skills again when a similar situation arises. Harmonizers value commitment. Listen for and affirm signs of their commitment to relationships or causes and ask how what they have done to persevere.

Expressive or introspective. Since expressive people process options out loud, ask questions that allow them to explore their options. For example, ask, "What are other ways you have thought about to handle this situation?" For introspective persons, allow them times of silence when they are likely to be internally processing their options. Realize that they might not be ready with a response until your next visit.

Conclusive or adaptive. Everyone gets stuck sometimes. If a conclusive person is stuck, it could be because they've come to a conclusion too hastily and without enough information. Ask what the criteria they used to make their decisions and respond (using Level 2 mutuality) if you perceive something they might have overlooked. When an adaptive person is stuck, it might be because of their resistance to closure. Ask the person what step could be taken right now even if he or she is not ready to make a final decision yet.

Style and assumptive world

If you examine your assumptive world in each of the four areas you might discover biases about certain preferred styles. Do you view someone who is adaptive as a procrastinator? Do you believe that someone who is sensing can't

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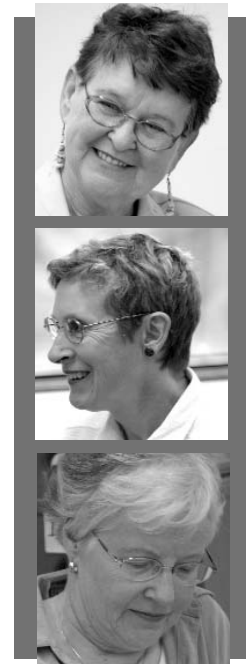
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The second annual BeFriender Ministry Volunteer Recognition Awards

People volunteer for many different reasons. In addition to their desire respond to God's call to ministry, volunteers for BeFriender Ministry often step forward because they "want to help others." At the heart of it, "helping" is the act of making change possible.

Thousands of volunteers across the country serve as BeFrienders. And 70% of BeFriender Ministry program leaders are volunteers. One relationship at a time, they embody God's love and steadfastness in times of transition. Consider the BeFriender Ministry volunteers in your community and nominate a program leader, BeFriender group, or BeFriender for an volunteer recognition award. Your nomination is an expression of support for their efforts to bring about positive change in the world.

See last year's award recipients in the Spring 2004 issue of The BeFriender, available on the website (www.befrienderministry.org). Click on "Workshops & Services, then on "Quarterly Newsletter."



Nomination guidelines

Who can be nominated

Any BeFrienders or program leaders who volunteer for BeFriender Ministry.

Who can nominate

Nominations in all three categories can be from BeFrienders, program leaders, pastors, or other staff members. Self-nomination also is encouraged. You may submit more than one nomination in a category. You may also submit nominations in multiple categories.

Selection

A national office staff member, a national office advisory committee member, a BeFriender, and a program leader will serve on the selection committee.

Award

The recipient in each category will receive a framed print.

Deadline for nominations

Friday, February 11, 2005. Recipients will be announced in April (national volunteer month).

Questions

If you have questions, please call 651-962-5775 or 1-800-328-6819, ext. 25775.

The nomination

Include the following:

- Your name, address, phone number, and relationship to the nominee. This information will remain confidential and will not be disclosed to nominees.
- The nominee's name, address, and phone number.
- The name and address of the nominee's church or organization.
- A statement of 500 words or less describing the nominee's service to BeFriender Ministry (see "Points to Consider" at right).

Submit an online form or send your nomination to the mailing address.

www.befrienderministry.org (click on "News & Events")

BeFriender Ministry
2260 Summit Ave.
Saint Paul, MN 55105

**Deadline:
February 11**

Nomination Categories

Outstanding BeFriender
Outstanding BeFriender Leader
Outstanding BeFriender Group

Points to consider

Volunteers demonstrate support for BeFriender Ministry in many ways.

Attitude can be demonstrated by a commitment to regular meetings, willingness to learn and grow, mutuality, teamwork, and going beyond the assigned role.

Skills can be demonstrated by active listening, nonjudgmental communication, and the ability to become aware of one's assumptive world and grow from that awareness.

Program support can be demonstrated by seeking opportunities to befriend, expanding the program within your setting or beyond, finding creative ways to publicize the ministry, and regularly evaluating the program in order to improve it.

When writing a nomination, include examples of observable actions and behaviors. Be concrete and specific in your description of what makes the nominee's volunteer service outstanding. It might be useful to start with a "what" question, for instance:

- What did I see her do?
- What did I hear him say?
- What positive changes occurred as a result of her action?

Use the writing style that is comfortable for you. The selection committee is interested in what you say, not how eloquently you say it.

Calendar and registration information

Workshops and events in Saint Paul, MN

Use this registration form for workshops and events in Saint Paul, MN.
Contact the host listed to register for workshops at other locations.

Registration form for Saint Paul, MN, workshops and events

List the title and date of the workshop or other event for which you are registering:

Title _____

Location: Saint Paul, MN

Date(s) _____

Your name _____

Preferred mailing address:

The address above is my:

home work church/organization

Home phone _____

Work phone _____

Fax _____

E-mail _____

Church/organization: If the name, mailing address, and phone number of your church or organization are not listed above, provide that information below:

Name _____

Address _____

Phone _____

Denomination _____

Special needs: If you have special needs for the workshop (access, etc.), check here. Someone from the BeFriender Ministry staff will contact you.

Your current role (check all that apply):

Professional staff
 Volunteer minister
 Trained BeFriender
 Trained BeFriender program leader
 Other _____

Your BeFriender Ministry program:

New Existing
 To be determined

Mail registration and workshop payment to:
BeFriender Ministry, 2260 Summit Ave.,
Saint Paul, MN 55105.

WORKSHOP PAYMENT

Registration fee. Registration fees are payable to **BeFriender Ministry**.

- A check payable to **BeFriender Ministry** for \$_____ is enclosed
- I authorize BeFriender Ministry to charge \$_____ to my credit card (complete the information below)

CREDIT CARD INFORMATION

If paying the registration fee and/or lodging fee by credit card, complete the following:

MasterCard VISA

_____ Cardholder

_____ Card no.

_____ Expir. date

_____ Signature

LODGING

Lodging is available on a limited basis at the seminary residence on the University of St. Thomas campus (single-occupancy, air-conditioned, adjoining rooms share bath). Details will be included with the confirmation packet, which you will receive 7-10 days prior to the workshop. Room fees are:

1-4 nights..... \$45 per night
5-7 consecutive nights..... \$225
4+ non-consecutive nights.....\$45 per night

If you would like lodging at the seminary residence, please complete the following.

Lodging fee. Lodging fees are payable to **The Saint Paul Seminary**. Payment is due by the end of your stay.

- I will pay by check (payable to **The Saint Paul Seminary**) or by cash
- I will pay by credit card.

Female Male

Number of nights lodging requested _____

Arrival date _____

Departure date _____

If attending a split format workshop, list arrival and departure dates for the 2nd half:

Arrival date _____

Departure date _____

FOUNDATIONS FOR BEFRIENDER MINISTRY

Location: Saint Paul, MN
(Course description on page 5)

Cost and registration deadline:

- \$599 if we receive your registration and deposit at least 14 calendar days prior to the first day of the workshop.
- \$649 if we receive your registration and deposit fewer than 14 calendar days prior to the first day of the workshop.

Deposit due: A non-refundable deposit of \$100 to reserve your space in the workshop is due when you register. The remaining balance is due at the start of the workshop.

Workshop hours: The workshop begins at 8:30 A.M. and ends at 5:00 P.M. each day.

- **January 19-22, 2005**
Wednesday-Saturday
- **February 14-17, 2005**
Monday-Thursday
- **April 15, 16, 22, and 23, 2005**
Fridays and Saturdays (split format)
- **June 13-16, 2005**
Monday-Thursday
- **July 18-21, 2005**
Monday-Thursday

BEFRIENDER DAY

Spring 2005 BeFriender Day

- **Saturday, April 16, 2005**
9:00 A.M.-noon
- Topic to be announced
- University of St. Thomas,
Saint Paul, MN



Confirmation of registration

Registrants for "Foundations for BeFriender Ministry" will receive a confirmation packet 7-10 days prior to the workshop. The packet includes pre-work, directions, maps, parking information, and other information that will be helpful while attending the workshop.

Other locations

To register for a workshop listed below or to get more information, contact the person listed. Workshop costs vary from city to city.

MICHIGAN

Foundations for BeFriender Ministry (Course description at right)

- **February 11-12 and March 4-5, 2005**
Fridays and Saturdays
8:30 A.M.-5:00 P.M.
- Location: Saginaw, MI
- For more information or to register:
Leona Sullivan, 989-797-6671

MISSOURI

Foundations for BeFriender Ministry (Course description at right)

- **March 7-10, 2005**
Monday-Thursday
8:30 A.M.-5:00 P.M.
- Location: Kansas City, MO
- For more information or to register:
BeFriender Ministry national office,
1-800-328-6819, ext. 25775

VIRGINIA

Foundations for BeFriender Ministry (Course description at right)

- **April 18-21, 2005**
Tuesday-Friday
8:30 A.M.-5:00 P.M.
- Location: Richmond, VA
- For more information or to register:
Margaret Johnson, 804-266-2715

Workshop cancellations

In order to be a good steward of funds, BeFriender Ministry may cancel workshops with fewer than the minimum number of participants. If a workshop is cancelled, you may choose to have the fee fully refunded or applied to a future registration.

Workshop description Foundations for BeFriender Ministry

“Foundations for BeFriender Ministry” is the core workshop for leaders who want to implement and maintain a listening ministry of lay pastoral care in their church, healthcare institution, or long-term care facility.

This highly-experiential workshop includes:

- Case studies
- Role plays
- Small group discussions
- Individual learning activities
- Reflection exercises

Registrants will receive approximately 2 hours of pre-work for the workshop.

Who attends

A team of leaders (2–5 people) from your setting attends the workshop. The leadership team includes clergy and/or at least one paid staff person, as well as 1–3 lay volunteers.

New program leaders for existing BeFriender Ministry programs also attend this workshop.

Time

The 30-hour workshop is offered in two formats: 4 consecutive days or a split format (usually 2 consecutive days in each of 2 different weeks). Workshop hours are 8:30 A.M.-5:00 P.M. each day.

Materials

Each person who attends the workshop receives a full set of program leader materials. The set includes everything necessary to implement and maintain a BeFriender Ministry program. The set includes a Trainer Guide, Facilitator Guide, Administrator Guide on CD-ROM, Candidate Workbook, and a video used in teaching the small group process for learning from ministry. The set is valued at \$100.

During the workshop

- Experience the training for lay ministers you will ultimately deliver in your own setting.
- Learn skills for facilitating a small group process for learning from ministry. The process focuses on ongoing skill-building for ministry and spiritual growth.
- Learn how to manage the nuts and bolts of the program.

By the end of the workshop

- Understand the three primary functions of program leaders: training, facilitating, and administering.
- Have a roadmap and the tools for implementing and maintaining the program.

More information

For additional information about the workshop, go to the website, www.befrienderministry.org, and click on “Workshops & Services.” You also can call the BeFriender Ministry National Office at 1-800-328-6819, ext. 25775 (651-962-5775 in the Saint Paul-Minneapolis area). ■



Continuing education for BeFrienders

Sessions to use for continuing education for BeFrienders will be introduced early in 2005. The 90- to 120-minute sessions can be ordered through the password-protected area of the website. To order the sessions, program leaders need a username and password. If you do not already have a username and password for the resources site, go to the home page (www.befrienderministry.org) and click on "Program Leader Resources," which will direct you to an online form to submit. You also can call 1-800-328-6819, ext. 25775 (651-962-5775 in the Saint Paul-Minneapolis area) to request access.

The sessions will have the same format as the Trainer Guide, including a list of materials needed, a plan for the session, script, overheads, and handouts. Churches and other organizations that ordered new materials since June will receive a letter with additional details in the next few weeks. If you are interested in the sessions but have not ordered new materials, check the website in early February for more information.

Five sessions will be introduced in early February, including a free sample, "Evaluating and Ending BeFriender Relationships." The four sessions available for purchase in February include two on the topic of active listening, one on grief and death, and one on group dynamics.

In early August, four more sessions will be added. They will include additional sessions on active listening and on grief, as well as two new topics: aging and story. ■

Opportunities for continuing education should begin immediately after commissioning. It is suggested that these sessions be offered about every two to three months, taking the place of a Making Meaning meeting.

BeFriender Ministry Trainer Guide, p. 12

Featured service Mentoring for program leaders

As a program leader, have you ever faced situations similar to these?

- Someone in your group is befriending a person who requested a BeFriender, but gets angry every time the BeFriender offers a respectful response (Level 2 Mutuality). The BeFriender looks to you for help, but you don't feel sure about what to do.
- You have just completed your first candidate training session and don't think participants understood some of the points you were making. You've never taught adults before but want to be as effective as possible in this new role.
- A BeFriender who used to faithfully attend all regular group meetings now is consistently absent. You know the person is a very effective BeFriender. You've talked to the person several times about attendance, but it has not improved. You're reluctant to push the issue because the BeFriender has truly helped those befriended and you often get positive feedback about the BeFriender's service.

A mentor relationship

Situations like these are not always corrected with "quick fixes." In such cases, consultants from the BeFriender Ministry national office staff are available to establish a mentor relationship with program leaders. For a fee, the consultant can work with the program leader either by phone or in person. The mentor and program leader work out shared goals and a schedule, and the mentor provides coaching to achieve those goals. For example, in the first situation above the mentor and program leader might set up times to talk on the phone before and after the BeFriender's next three visits so that the program leader feels comfortable in preparing and debriefing the BeFriender.

A mentor's purpose

The purpose of having a mentor is to help the program leader increase confidence and competence in training, facilitation, supervision, and other areas of leadership. The mentor can help a program leader identify and apply his or her current skills and knowledge when new situations are encountered. A mentor also can provide coaching for development needs identified during annual evaluation.

How to request a mentor

To request a mentor, call the national office at 1-800-328-6819, ext. 25775 (651-962-5775 in the Saint Paul-Minneapolis area). Fees will vary depending on the type and duration of the mentor relationship.

Don't forget that free consulting for program leaders also is available. If you have brief, specific questions or issues you'd like to discuss with a staff consultant, call the number above. National office hours are 8:30 A.M. to 4:30 P.M. Monday through Friday. ■

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see the forest for the trees? Explore your beliefs about each of the four areas to see how your assumptive world affects your ability to listen well.

Continuing education

The communication styles described here are based on the Myers-Briggs Type Indicator® (MBTI®). If you would like to discuss these communication styles in your BeFriender group, you may be able to find an MBTI-qualified consultant in your area by going to the website of the Association for Psychological Type, www.aptype.org. Click on "Regions & Chapters"

to find a local chapter to contact, or click on "Resource Network" for names of consultants.

For continuing education on other aspects of active listening, BeFriender Ministry is introducing sessions for program leaders to use with their groups. See the article on this page. ■

Resources

Effective Teaching, Effective Learning by Alice M. Fairhurst and Lisa L. Fairhurst. Davies-Black Publishing, 1995.

I'm Not Crazy, I'm Just Not You by Roger R. Pearman and Sarah C. Albritton. Davies-Black Publishing, 1997.

Featured product Note Cards

Boxed package of ten note cards and ten envelopes. White 4" by 5½" note cards with logo in burgundy and blue. Plain white envelopes. \$8.00 per package.

A handwritten note is a personal, meaningful way to communicate to anyone involved in BeFriender Ministry. It is more likely to get the attention of the receiver than a flyer or a general announcement.

Potential BeFriender candidates.

Program leaders can send a note to individuals who have been identified as potential candidates to invite them to an information session. Program leaders also can send notes to potential candidates at the end of the interview process to thank them for their participation.

BeFriender candidates. During training and internship, program leaders might choose to acknowledge a candidate's gifts and progress with a personal note.

Commissioning. Send a note to newly-commissioned BeFriends or provide blank notes to the pastor to use for the same purpose.

BeFriends. Thank BeFriends periodically for their service. Use a note to recognize individuals who have made a unique contribution or who have demonstrated significant growth in skills.

Other program leaders. Everyone appreciates being recognized. Send notes to peer program leaders and the program supervisor to thank them for their work and support.

Pastor. Thank the pastor for support of the ministry through referrals. Acknowledge the importance of the pastor's role in enhancing the visibility of the ministry.

Persons befriended. BeFriends might wish to send persons they befriend a note of encouragement at particularly difficult times. BeFriends might also send a note at the end of the BeFriender relationship.

Persons who need a BeFriender.

People who are dealing with significant changes in their lives might welcome a BeFriender. Program leaders can send notes to new parents, new church members, those who have lost a loved one or

Product order form

Order online or by mail, fax, or phone.

befrienderministry.org ♦ click on "Workshops & services" then on "Products"
BeFriender Ministry, 2260 Summit Ave., Saint Paul, MN 55105
fax 651-962-5790 ♦ phone 1-800-328-6819, ext. 25775 (651-962-5775)

YOUR NAME _____

SHIPPING/BILLING ADDRESS (no P.O. boxes):

The address above is my: home church/org.

Phone number: (_____) _____

____ Candidate Workbook, \$10 ea.....\$ _____

____ Trainer Guide, \$20 ea.....\$ _____

____ Admin.Guide CD-ROM, \$20 ea.....\$ _____

____ Facilitator Guide, \$7 ea.....\$ _____

____ Making Meaning Video.....\$ _____
 DVD VHS tape, \$25 ea.

____ Program Leader Package, \$70\$ _____
(one of each item above –
please indicate DVD or VHS
for the Making Meaning Video)

____ Tree Ring (with stand), \$18 ea.\$ _____

____ Posters (set of 4), \$15 per set.....\$ _____

____ Reminder Cards, pkg. of 10,
\$5 per pkg.\$ _____

____ Bookmarks, pkg. of 10,
\$3 per pkg.\$ _____

____ Pastoral Care Video, \$25 ea.\$ _____

____ Note Cards, boxed pkg. of 10
with envelopes, \$8 per pkg.\$ _____

____ Pins, \$5 ea.\$ _____

Subtotal.....\$ _____

Shipping and handling fee (call the
National Office if pre-paying by check)\$ _____

Total Due\$ _____

Prices are subject to change.

PAYMENT

- Send the invoice with the materials
 A check for \$_____ is enclosed
(payable to BeFriender Ministry)
 Charge my credit card for the total
due (complete the credit card
information below)

SHIPPING AND HANDLING

Allow 2 weeks for delivery.

Most orders are shipped via UPS
Ground. If you request expedited deliv-
ery, you will be billed for any additional
charges.

Shipping costs vary depending on the
total weight and size of the order. A \$3
minimum handling charge is applied to
all orders.

An invoice will be enclosed with the
shipment.

CREDIT CARD INFORMATION

To pay the total due by credit card,
please provide the following:

Master Card VISA

Name on card (please print)

Card number

Expiration date

Signature

lost a job, or someone who has made a transition from independent living to living in a long-term care facility. Let them know that a BeFriender is available to them if they choose.

Church members. If there are members who support the ministry through donations or other means, thank them with a personal note.

The logo on the note cards is a prominent reminder of BeFriender Ministry. Each time someone sees the logo, it reinforces the presence of the program. ■

BeFriender Ministry National Office
2260 Summit Ave.
Saint Paul, MN 55105

Office hours: Monday–Friday,
8:30 a.m.–4:30 p.m. (Central time)

Phone 651-962-5775
Toll-free 1-800-328-6819, ext. 25775

Fax 651-962-5790

befriender@stthomas.edu

www.befrienderministry.org



BEFRIENDER MINISTRY
 The Saint Paul Seminary School of Divinity
 University of St. Thomas
 2260 Summit Ave.
 St. Paul, MN 55105-1094

Nonprofit Organization
 U.S. Postage
PAID
 University of St. Thomas

Join BeFriender Ministry's circle of supporters

Your support today will help meet the ever-growing need for pastoral care.

Name: _____

Address: _____

The address above is for my:

Home Church/organization Other _____

I am a: BeFriender Program supervisor
 Program leader Friend

I want to give a gift today in the amount of:

\$25 \$50 \$100 \$250 \$ _____

Check all that apply:

- A check is enclosed (payable to BeFriender Ministry)
- I have also enclosed my employer's matching gift form
- Charge my credit card. *Complete the information below:*

VISA MasterCard

Name on card _____

Credit card number _____

Expiration Date _____

Signature _____

Your gift to BeFriender Ministry is tax-deductible.

LISTENING CIRCLE
\$1-49

BEFRIENDING CIRCLE
\$50-99

HEALING CIRCLE
\$100-249

CARING CIRCLE
\$250-999

LEADING CIRCLE
\$1,000-4,999

ENERGIZING CIRCLE
\$5,000-9,999

TRANSFORMING CIRCLE
\$10,000 & OVER

**THANK YOU FOR
YOUR GIFT!**

Expressing faith

As Christians we are called to ministry, to express our faith in action.

Your financial gifts *are* ministry, because they are used for action. Your gifts ...

... widen communities' circles of care,

... ensure that God's love and presence are felt by those who are experiencing pain and sadness,

... provide opportunities for BeFrienders – and those they befriend – to grow in faith,

... promote one-to-one caring relationships based on mutual respect and understanding.