



“The great awareness comes slowly, piece by piece. The path of spiritual growth is a path of lifelong learning.”

- M. Scott Peck

GROW Trainer Guides

Continuing Education for BeFRIENDERS

Growing and Renewing Our Wisdom

Program leaders can purchase trainer guides on a variety of topics for BeFRIENDERS' continuing education. Each **GROW Trainer Guide** provides all the materials needed to conduct a 2-hour training session. The guides include session plans, master copies of overheads, and master copies of participant materials.

Order “Evaluating and Ending BeFRIENDER Relationships,” to start. This trainer guide will give you an opportunity to conduct a full 2-hour session and allow you to experience all of the features of the GROW Trainer Guides.

Growing and

Renewing

Our

Wisdom

Skill Practice Series

Sessions in this series provide practice for topics first covered in candidate training.

- **Evaluating and Ending BeFRIENDER Relationships**
- **The Power of Active Listening**
- **Listening Skills, Part 1: Attending and Following**
- **Listening Skills, Part 2: Responding with Understanding**

New Insight Series

Sessions in this series enhance skills and knowledge for BeFRIENDERS.

- **Death and Dying: A View from the Inside (with accompanying video)**
- **Coping with Loss: You're Never Over Love (with accompanying video)**

Group Development Series

Sessions in this series develop and improve the effectiveness of the group.

- **Checking the Pulse of Your Group**

For more information about the topics listed above, go to www.befrienderministry.org. Click on “Products and services” on the home page, then click on “Information about continuing education trainer guides.”

GROW Trainer Guides

Continuing Education for BeFrienders

Features

Each **GROW Trainer Guide** is ready to use and includes everything you need to provide continuing education for BeFrienders:

- ♦ plan for a 2-hour training session
- ♦ list of materials needed
- ♦ reproducible masters of handouts
- ♦ reproducible masters of overheads
- ♦ Scripture-based reflections

Benefits

- **Quick and simple to order.** **GROW Trainer Guides** can be ordered online or by calling the national office. For trainer guides with accompanying videos, the videos are sent via UPS or USPS (*please allow two weeks for delivery of videos*).
- **Accessible.** The **GROW Trainer Guides** are PDF files and require Acrobat Reader (version 5.0 or higher) to open. Acrobat Reader is available free at www.adobe.com and on the BeFriender Ministry Administrator Guide CD-ROM.
- **Easy to use.** The **GROW Trainer Guides** are in the same format as the Trainer Guide for candidate training.
- **Cost-effective and affordable.** Since each **GROW Trainer Guide** includes reproducible master copies of participant materials, you can make copies for any number of BeFrienders in your church or organization. Once the church or organization has purchased a **GROW Trainer Guide**, it can be kept on file and the session can be repeated as needed for new BeFrienders or as a refresher. Prices start at \$19.
- **Time-saving.** You can spend your valuable time as a program leader working with BeFrienders rather than designing your own continuing education sessions.
- **Timely.** Select the topics that meet the immediate needs of your BeFrienders.
- **Relevant.** The sessions are developed for BeFrienders and reinforce the "Foundation Principles" that are essential to the ministry.

"... the act of nurturing another's spiritual growth has the effect of nurturing one's own ..."

M. Scott Peck

"What sculpture is to a block of marble, education is to the soul."

Joseph Addison

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